



WEST HADDON PRIMARY SCHOOL

Newsletter No. 25

27th March 2020

Home Learning

I hope everyone has managed to access the range of home learning opportunities referenced over the past week.

I would recommend that families try to set a daily routine so that children can balance the pressures and expectations during this tricky time. I would recommend a maximum of 2 hours home learning as well as a session of exercise each day. As well as this, it is important to continue reading books for pleasure and a bedtime story at the end of the day. Teachers have sent home a number of books in children's home learning pack but if you run out both Purple Mash and Oxford Owls also have a number of texts for children to enjoy.

Please note that it was very difficult to judge the amount of work for a two week period – please just work your way through the packs at your own pace and do not put extra pressures on yourself to complete everything by the end of the spring term. If you need any support feel free to email your classteacher and they will try to help.

All children have been given a login for Purple Mash and teachers have been busy responding to children's work as well as setting '2Dos'. I would recommend that your child always looks at this section first as this will guide them to appropriate learning.

BBC Teach has a wealth of online age appropriate film clips, programmes and activities which can support your child's learning at home. Apparently Supermovers is a big hit to encourage interactive learning.

Lastly, don't forget to do those lovely activities that we don't always have time to do – cooking, playing board games, planting seeds, bird spotting etc All these types of activities provide rich learning experiences that support your children and help to develop well rounded individuals. Have fun.

PE WITH JOE WICKS

We have been doing PE with Joe Wicks for the whole week and my legs are killing me. Have you been doing this too? A session of keep fit or exercise is a great way to start the day and helps to keep your mood levels high during this tricky time. I hear that there are some alternatives which may be worth investigating if HIIT exercises are not your thing –

- Max Whitlock is good for gymnasts.
- Oti Mabuse does some dance moves
- Cosmic yoga is great for stretching and core work.

Why not get the whole family to join in?



HEADTEACHER AWARD AND VALUE STARS LAST WEEK



Our Value for this month is Easter

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